

St Brigid's Primary School



Relationships and Sex Education (RSE)

A presentation for parents

September 2020 – Relationships and Health Education

- As from September 2020 all primary school children will learn about relationships and health.
- Relationships and Health Education is a new **compulsory** part of the school curriculum, which comprises two distinct areas:
 - Relationships
 - Physical health and mental wellbeing
- Our curriculum is designed to be
 - Appropriate for your child's age and development stage.
 - Sensitive to the needs and religious backgrounds of the children in your child's school.

The Relationships part of the new curriculum will teach the children what they need to learn to build positive and safe relationships:

- With family.
- With friends.
- Online.

Our school will teach in a way that is appropriate to your child's age and will look at these questions:

- What is a relationship?
- What is friendship?
- What is family?
- Who can your child look to for support?

RSE at St Brigid's

RSE forms a part of the PSHE, RE and Science Curriculum.

Our key objective is the well-being of the children.

We believe parents are the prime educators of their children

The school, church and family will work together; our role as a school is to support you and not to replace you

Parents have the right to withdraw their children from **elements** of RSE education. If you wish to do so, please contact Mrs Tyler.

Can I withdraw my child from Sex Education?

Sex education is separate from the Relationships and Health curriculum.

You can withdraw your child from some or all of the lessons on Sex Education. The head teacher must grant your request to withdraw your child.

But before making a request, please:

- Remember that the science curriculum in all maintained schools includes content on human development, which includes human reproduction. There is no right for a parent to withdraw their child from the science curriculum.

A Journey in Love

The central message of the Christian faith is love. The central message of our RSE teaching is love.

“My commandment is this: love one another,
just as I have loved you”

- John 15:12

A Journey in Love

Approved by the Diocese, the programme teaches that:

- [?]The journey begins at the moment of our conception *God is at the heart of love*
- [?]Puberty can be an extremely confusing time for children, our message will be that *even in this confusion, God is there*
- [?]The Sacrament of marriage publicly declares the commitment of each spouse to the other permanently in the acknowledgement that it is God-given

The structure of *A Journey in Love*

- The programme is made up of 4 areas:

Social and Emotional

Physical

Spiritual

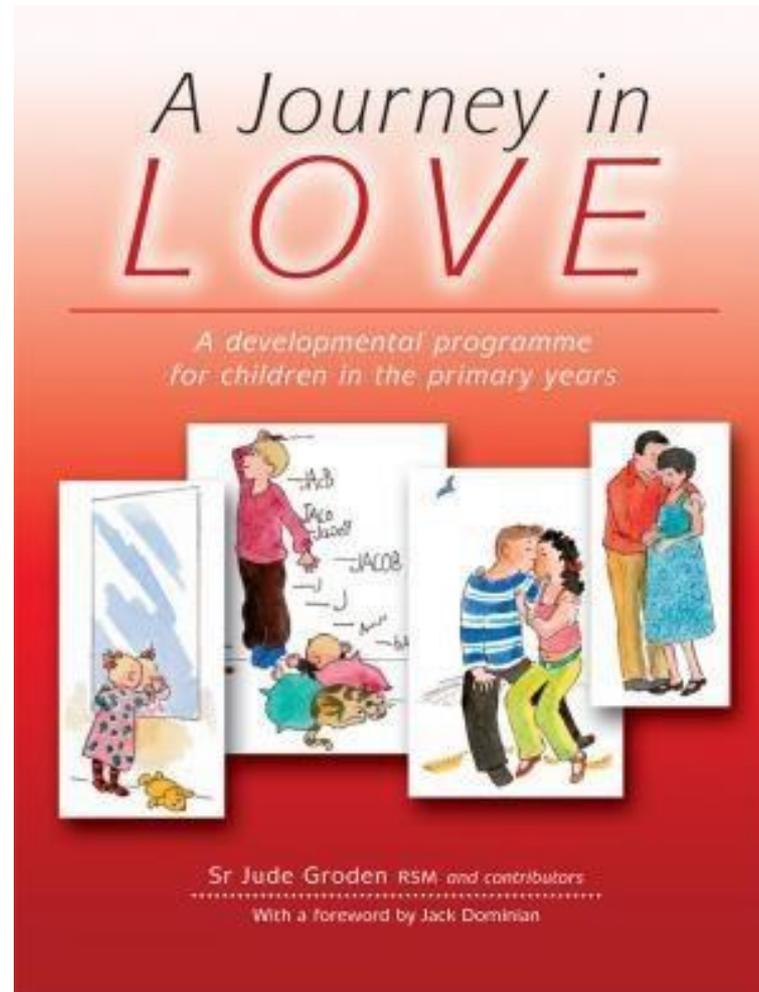
- Each area is broken down into:

Activities

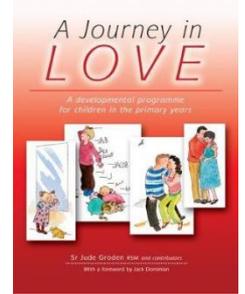
Pause & Reflect

Prayer

What will 'A Journey In Love' look like in each year group?



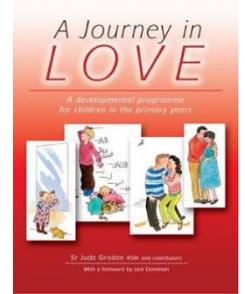
Reception



The wonder of being special and unique

- **Aim**: To explore the wonder of being special and unique. Children begin to know and understand that they are part of the wonder of God's love and creation.
- **Key words**: God, wonder, love, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special womb, describe, friends, generous, worried, Baptism

Reception



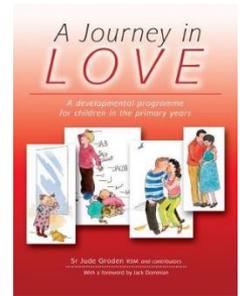
Key objectives:

To recognise being a special person in my family.

To recognise that we are all different and unique.

To celebrate the joy of being a special person in God's family.

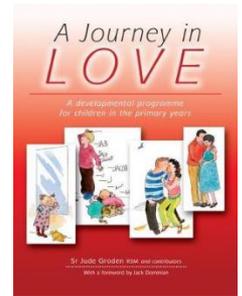
Year 1



We meet God's love in our family

- **Aim**: To focus on families and specially growing up in a loving, secure and stable home.
- **Key words**: unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies,

Year 1



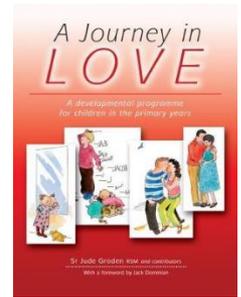
Key objectives:

To recognise signs that I am loved in my family.

To recognise how I am cared for and kept safe in my family.

To celebrate ways that God loves and cares for us.

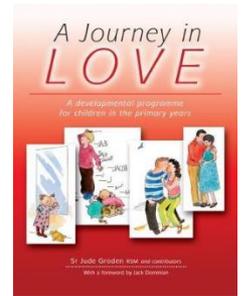
Year 2



We meet God's love in the community

- Aim: To describe how we are growing and developing in diverse communities that are God-given.
- Key words: community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.

Year 2



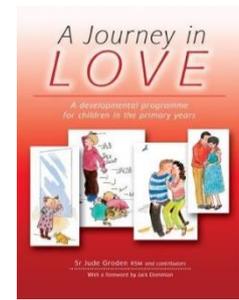
Key objectives:

To recognise the joy and friendship of belonging to a diverse community.

To describe ways of being safe in communities.

To celebrate ways of meeting God in our communities.

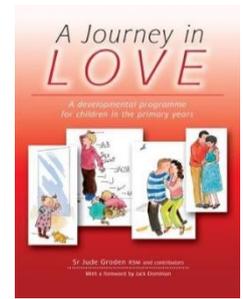
Year 3



How we live in love

- **Aim**: To describe and give reasons for how we grow in love in caring and happy friends where we are secure and safe.
- **Key words**: community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful.

Year 3



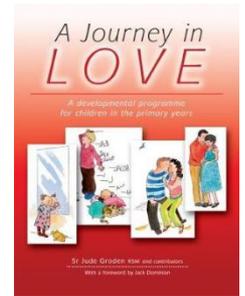
Key objectives:

To describe and give reasons how friendships make us feel happy and safe.

To describe and give reasons why friendships can break down, how they can be repaired and strengthened.

To celebrate the joy and happiness of living in friendship with God and others.

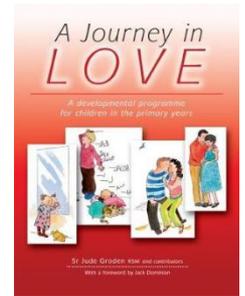
Year 4



God love us in our differences

- **Aim**: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.
- **Key words**: God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity

Year 4



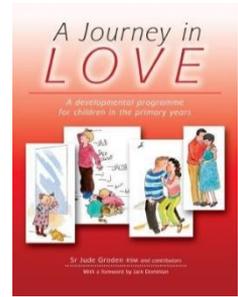
Key objectives:

To describe how we all should be accepted and respected.

To describe how we should treat others making links with the diverse modern society we live in.

To celebrate the uniqueness and innate beauty of each of us.

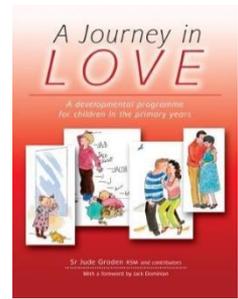
Year 5



God loves us in our changing and developing

- **Aim**: To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in recognising God’s presence in our daily lives.
- **Key words**: God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation, biological, respect, reproduction, menstrual cycle, hormones, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankles, feet, toes.

Year 5



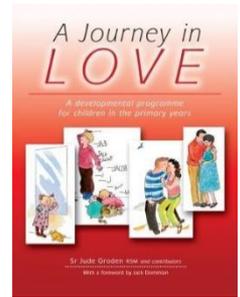
Key objectives:

To show knowledge and understanding of emotional relationship changes as we grow and develop.

To show knowledge and understanding of the physical changes in puberty.

To celebrate the joy of growing physically and spiritually.

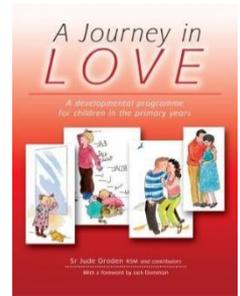
Year 6



The wonder of God's love in creating new life

- **Aim:** To develop a secure understanding of what stable, caring relationships are and the different kinds there may be. Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage.
- **Key words:** God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé, fiancée

Year 6



Key objectives:

To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.

To explain how human life is conceived.

To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.