

## CLAP AND CATCH CHALLENGE



**YOU WILL NEED A BALL/ SOCKS /TOILET ROLL**

- **THROW THE BALL UP, CLAP AS MANY TIMES AS YOU CAN, THEN CATCH IT AGAIN.**
- **COUNT HOW MANY CLAPS YOU CAN DO BETWEEN THROWS AND SEE WHAT IS THE HIGHEST NUMBER YOU CAN GET.**
- **YOU MUST CATCH THE BALL AGAIN FOR THE CLAPS TO COUNT.**
- **REMEMBER THE HIGHER THE THROW THE MORE CLAPS YOU WILL DO.**
- **CHALLENGE YOUR FAMILY MEMBERS TO BEAT YOUR SCORE!**